

WELLESS YOUR WAY

WELLNESS AND FITNESS PROGRAMS PROVIDED BY BLUE CROSS BLUE SHIELD



WELL ONTARGET

Well OnTarget is a members only program provided by Blue Cross Blue Shield.

WELLNESS PORTAL

The wellness programs gives you access to tools and resources you can make your own.

- Health Assessment
- Self- Management Programs
- Fitness Trackers
- Health and wellness content

Member Portal is available online at wellontarget.com

FITNESS PROGRAM

The fitness program gives you unlimited access to a nationwide network of more than 10,000 fitness locations. There are no long-term contracts and convenient payment methods.

- To join just call the toll free number at 888-762-2583



FAQ'S

QUESTIONS ABOUT WELL ONTARGET?

Call The Purple Card at 1-888-788-9118 with any questions and they will be happy to assist you with your wellness journey.

DO I HAVE TO HAVE ANDERS HEALTH INSURANCE TO USE THE WELLNESS PROGRAM?

There are plenty of wellness programs for different insurance companies. If you have insurance elsewhere reach out to your provider/ benefits specialist team to find out what is offered.

DO I NEED MY INSURANCE CARD TO REGISTER?

You will need your insurance card or your member ID number and group number to register.

CONTACT YOUR BENEFITS ADVISOR WITH ANY QUESTIONS

Email benefits@andersgroup.org for any questions regarding the programs, assistance getting a copy of your insurance card and more.